



HUSTLE

GOAL SETTING

SETTING GOALS IN YOUR SEASON OF HUSTLE

the
WORKBOOK

HUSTLE

A SEASON OF EXTREME FOCUS, PUSHING BOUNDARIES AND FINDING STRENGTH

Hustle season is all amount implementing bigger systems and results that will serve your greater WHY when you move into your other seasons.

Setting goals during hustle season is probably the most fun, and definitely the most abstract.

MINDSET 1:

THINK BIG

What kinds of CHANGES do you want to see in your life over time? Not necessarily within the next 13 weeks. Do you have a dream of being an author? Speaker? Educator? Do you dream of retiring at 45? Do you dream of buying a home or moving to an office space or quitting your 9-5? These types of goals are perfect for starting to measure those results in hustle season.

MINDSET 2:

FIND THE ENERGY

Much of the time during hustle season, we worry extensively about burnout. Keep in mind as you set these result goals, that you'll need more time than ever to care for yourself during this season. Keep things like working out, eating healthy, drinking water, sleeping, and time to pray at the top of your priority list during this season. These are the places where you'll find the energy needed to successfully accomplish these goals.

MINDSET 3:

TALK WITH YOUR FAMILY

Hustle season is the hardest of all the seasons on your family. When entering this season, have a truthful and honest talk with your loved ones about the mental and spiritual space you are in, and how they can support you. Remind them that this is a season, and not a state of mind you plan on spending our whole life in. Let them know why this season is important, and continue to ask them what they may need to find peace in this season as well.

RESULT GOAL

WHAT IS THE RESULT YOU'D LIKE TO ACHIEVE?

Example : launch the pretty paper e-course!

**WHY IS THIS RESULT
IMPORTANT TO YOU?**

**HOW WILL THIS RESULT
IMPROVE YOUR LIFE?**

**HOW WILL THIS RESULT MAKE
YOU A BETTER PERSON?**

PROGRESS

WHAT ARE THE THREE PROGRESSIVE STEPS YOU'LL NEED TO IMPLEMENT TO ACHIEVE THIS GOAL?

1

2

3

WHAT IS THE FINANCIAL GOALS ASSOCIATED WITH THIS RESULT?

WHAT IS THE BUDGET YOU HAVE TO SPEND ON ACCOMPLISHING THIS GOAL?

BREAKING IT DOWN

Break down this result into 12 steps/weeks.

PROGRESS STEP:

1

WEEK: ACTION STEP:

1

2

3

BREAKING IT DOWN

Break down this result into 12 steps/weeks.

PROGRESS STEP:

2

WEEK: ACTION STEP:

4

5

6

BREAKING IT DOWN

Break down this result into 12 steps/weeks.

PROGRESS STEP:

3

WEEK: ACTION STEP:

7

8

9

REFINE AND REFLECT

ALL THREE PROGRESS STEPS:

1

2

3

WEEK: ACTION STEP:

10

11

12